



Sport Explanatory Brochure

# Weightlifting





SPORT EXPLANATORY BROCHURE

# Weightlifting



Nanjing Youth Olympic Games Organising Committee

We have made every effort to ensure that the information contained in this brochure is accurate and up-to-date at the time of publication. Noting that this brochure involves so many aspects and changes may occur as the Games is drawing near, delegations are advised to refer to Nanjing 2014 official website, and check with Event Information Center located at YOV and sport information desks located at venues for updates and detailed information not included in this brochure.

## **About the Sport Explanatory Brochures**

The Sport Explanatory Brochures you are reading offer an introduction to each sport at the 2nd Summer Youth Olympic Games, Nanjing 2014, as well as providing information on some other key issues that may be of interest and importance to all participating teams.

Each Brochure is divided into several topics:

Sport-specific information on subjects such as the competition format and schedule, training and qualification system.

Key contacts.

All information contained in this Explanatory Brochure was correct at the time of compilation. However, please note that certain details may change between our compilation and the Games. NOCs are advised to check the official website of the 2nd Summer Youth Olympic Games, Nanjing 2014 for updates.

Wish you a pleasant stay in Nanjing!

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# 1. Key Contacts

## 1.1 INTERNATIONAL WEIGHTLIFTING FEDERATION (IWF)

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## 1.3 EVENT DELEGATE

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## 1.4 COMPETITION MANAGEMENT

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## 1.5 YOG IF CONTACT PERSON

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## 2. Key Dates & Activities

Date	Time	Meeting	Place
Aug. 15	10:00	Final Entry Verification and Technical Meeting	Hall F of Nanjing International Expo Center
Aug. 15	12:00	ITOs Meeting	Hall F of Nanjing International Expo Center

## 3. Events & Quotas

### 3.1 EVENTS (11)

Men's Events (6)	Women's Events (5)
56kg	48kg
62kg	53kg
69kg	58kg
77kg	63kg
85kg	+63kg
+85kg	



## 3.2 QUOTAS

Category	Qualification Places	Host country Places	Universality Places	Total
Men	47	2	11	60
Women	39	2	9	50
Total	86	4	20	110

## 3.3 NOC QUOTA

	Maximum Quota Per NOC
Men	2
Women	2
Total	4

NOCs can enter a maximum of one (1) athlete per bodyweight category.

# 4. Qualification System

## 4.1 ATHLETE ELIGIBILITY

- To be eligible to participate in the Youth Olympic Games, athletes must have been born between 1 January 1997 and 31 December 1999.
- All athletes must comply with the IWF Special Anti-Doping Regulations for the Nanjing 2014 YOG, which are posted on the IWF official website.

## 4.2 QUALIFICATION PATHWAY

For each qualifying event, the quota places obtained for the Youth Olympic Games will be allocated to NOC.

### 4.2.1 GENERAL PRINCIPLES

- NOCs will obtain qualification places based on their position in the



Team Classification at the 2013 Youth World Championships or at their respective Continental Qualification Event in 2014 (see tables below).

● One Continental Qualification Event will be held for each continent in 2014. Participation will be open to all NOCs of the continent, however only NOCs which have not gained qualification places at the 2013 Youth World Championships may obtain qualification places for the YOG.

● The Team Classification is calculated from the Total results as per the IWF Technical and Competition Rules, (section 6.8.3.) as follow: At World and Continental Championships and in competitions under IWF Rules, the classification of the teams is calculated by adding the points allocated to each competitor according to the following scale:

Place	Points
1st	28 Points
2nd	25 Points
3rd	23 Points
4th	22 Points
5th	21 Points
6th	20 Points
7th	19 Points
8th	18 Points
9th	17 Points
10th	16 Points
11th	15 Points
12th	14 Points
13th	13 Points



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Place	Points
14th	12 Points
15th	11 Points
16th	10 Points
17th	9 Points
18th	8 Points
19th	7 Points
20th	6 Points
21st	5 Points
22nd	4 Points
23rd	3 Points
24th	2 Points
25th	1 Point

#### 4.2.2 MEN'S QUALIFICATION EVENTS

● 2013 Youth World Championships:

Team placing: 1st to 9th, 2 athletes / NOC

10th to 16th, 1 athlete / NOC

Altogether: 16 NOCs, 25 athletes

● 2014 YOG Continental Qualification Events :

Europe: the 5 best ranked teams not yet qualified\*: 1 athlete / NOC

Asia: the 5 best ranked teams not yet qualified\*: 1 athlete / NOC

Pan America: the 4 best ranked teams not yet qualified\*: 1 athlete / NOC

Africa: the 4 best ranked teams not yet qualified\*: 1 athlete / NOC

Oceania: the 4 best ranked teams not yet qualified\*: 1 athlete / NOC

In total: 22 NOCs 22 athletes

\* Through the 2013 Youth World Championships

### 4.2.3 WOMEN'S QUALIFICATION EVENTS

- 2013 Youth World Championships:

Team placing: 1st to 7th, 2 athletes / NOC

8th to 15th, 1 athlete / NOC

In total: 15 NOCs 22 athletes

- 2014 YOG Continental Qualification Events:

Europe: the 4 best ranked teams not yet qualified\*: 1 athlete / NOC

Asia: the 4 best ranked teams not yet qualified\*: 1 athlete / NOC

Pan America: the 3 best ranked teams not yet qualified\*: 1 athlete / NOC

Africa: the 3 best ranked teams not yet qualified\*: 1 athlete / NOC

Oceania: the 3 best ranked teams not yet qualified\*: 1 athlete / NOC

In total: 17 NOCs 17 athletes

\* Through the 2013 Youth World Championships

### 4.3 HOST COUNTRY REPRESENTATION

The host country (CHN) is granted two (2) male and two (2) female quota places.

### 4.4 UNIVERSALITY PLACES

- To be eligible to receive universality places, athletes must comply with the eligibility criteria as defined under point 4.1 of this document.

- Provided that the technical level allows it, 11 men's and 9 women's places will be allocated by the YOG Tripartite Commission.

- Eligible NOCs will be offered universality places before the start of the qualification period.

### 4.5 Qualification Timeline

Date	Milestone
March 2013	Validation of final allocation of Universality Places by YOG Tripartite Commission
1 April 2013–8 June 2014	YOG 2014 qualification period



Date	Milestone
1 April 2013	NOCs confirm universality places
6–12 April 2013	2013 Youth World Championships (Tashkent, UZB)
4–8 March 2014	YOG Continental Qualification Event for Asia (Bangsaen, THA)
15–22 April 2014	YOG Continental Qualification Event for Africa (Yaounde, CMR)
28 April–3 May 2014	YOG Continental Qualification Event for Europe (Ciechanow, POL)
7–11 May 2014	YOG Continental Qualification Event for Pan America (Chiclayo, PER)
26 May–1 June 2014	YOG Continental Qualification Event for Oceania (Mont Dore, NCL)
25 June 2014	IWF confirms the reallocation places
8 July 2014	Entries deadline by name for all sports
16–28 August 2014	2nd summer Youth Olympic Games – Nanjing 2014

## 5. Competition Rules

The Weightlifting Competitions at the Youth Olympic Games will be held in accordance with the latest Technical and Competition Rules and Regulation of IWF and the Olympic Charter, which are in force at the time of the 2014 Youth Olympic Games.

Pursuant to the Olympic Charter, the IWF assumes the responsibility for the technical control and direction of its sport at the Youth Olympic Games.

## 6. Competition Format

The Snatch and the Clean and Jerk are included in the competition.

There will be usually 10 minutes between the Snatch and the Clean and Jerk. Each athlete has 3 attempts for the Snatch and the Clean and Jerk respectively. The athlete shall be eliminated if all Snatch attempts have failed.

### **Weigh-in**

The weigh-in of the athletes of each category will be held at the Weigh-in Room of Nanjing International Expo Centre Hall F. The weigh-in will begin 2 hours before the start of the group concerned and lasts for 1 hour. Test weigh-in will be permitted before the weigh-in. If the bodyweight of the athlete could not reach the standard of the competition in one hour from weigh-in starts, the athlete shall be eliminated from the competition.

## **7. Competition procedure**

Official Weigh-in will be executed 2 hours before competition.

Athletes will enter the stage of FOP in the sequence of Lot Number when competition starts. There are Athletes' Rest Room and Athletes' Lounge in the competition Venue.

## **8. Protests and Appeals**

Any competition-concerned and discipline-concerned protest must comply with the IWF regulations.

There is no appeal against the decision of the Referees or Jury.

Any decision of the Jury of Appeal is final.

## **9. Equipment & Clothing**

Equipment used or clothing worn by athletes and other participants at the Youth Olympic Games Weightlifting Competition must comply with the IWF Technical and Competition Rules and with the Bye-Law



to Rule 50 of the Olympic Charter.

## 10. Doping Control

The Nanjing 2014 Anti-doping team will plan and implement the YOG Doping Control Programme in accordance with the World Anti-Doping Code, IOC Anti-Doping Rules and other related international standards.

The Doping Control Programme will specify the anti-doping activities to be conducted during the Games-time, including notification procedures, sample collection, storage and transport to the laboratory of China Anti-Doping Agency accredited by WADA.

The Programme is aimed at maintaining the dignity of the Olympic Movement and protecting athletes' fundamental right to participate in clean sports, so as to promote the health, justice and equality of athletes in sports events.

The test biological specimens, including urine and blood samples, will be collected from selected athletes from the date of YOV official opening to the date of the Closing Ceremony of Nanjing 2014 (12 August to 28 August 2014). All samples will be sent to the laboratory of China Anti-Doping Agency for analysis.

## 11. Competition Venue

Name	Distance to YOV	Driving Time	Seats Capacity
Hall F of Nanjing International Expo Center (IEF)	2km	5min	1,000

## 12. Event Schedule

Weightlifting Tentative Event Schedule

Day 1	Sunday August 17
	Session 01 Start: 14:30 End:16:00 Women's 48kg Women's 48kg Victory Ceremony Session 02 Start: 18:00 End:19:30 Men's 56kg Men's 56kg Victory Ceremony
Day 2	Monday August 18
	Session 03 Start: 14:30 End:16:00 Women's 53kg Women's 53kg Victory Ceremony Session 04 Start: 18:00 End:19:30 Men's 62kg Men's 62kg Victory Ceremony
Day 3	Tuesday August 19
	Session 05 Start: 14:30 End:16:00 Women's 58kg Women's 58kg Victory Ceremony Session 06 Start: 18:00 End:19:30 Men's 69kg Men's 69kg Victory Ceremony
Day 4	Wednesday August 20
	REST DAY
Day 5	Thursday August 21
	Session 07 Start: 14:30 End:16:00 Women's 63kg Women's 63kg Victory Ceremony Session 08 Start: 18:00 End:19:30 Men's 77kg Men's 77kg Victory Ceremony



Day 6	Friday August 22
	Session 09 Start: 14:30 End:16:00 Women's +63kg Women's +63kg Victory Ceremony Session 10 Start: 18:00 End:19:30 Men's 85kg Men's 85kg Victory Ceremony
Day 7	Saturday August 23
	Session 11 Start: 18:00 End:19:30 Men's +85kg Men's +85kg Victory Ceremony

Note: End time is only an estimation based on 10 athletes in one group, excluding Medal Ceremony.

\* The event schedule is subject to change in accordance with the final entries.

## 13. Training Information

### 13.1 TRAINING VENUE

Name	Distance to YOV	Driving Time	Seats Capacity
Hall F of Nanjing International Expo Center (IEF)	2km	5min	

### 13.2 TRAINING POLICIES

Training facilities will be provided for all athletes from the opening of the Youth Olympic Village (YOV) (12 August 2014) to the Closing Ceremony of Youth Olympic Games (28 August 2014).

All training before and during the games time will be assigned under the supervision of the training manager. The information of training schedule will be provided at Event Information Center of YOV and Sports Information Desk of the venue.

From the end of weightlifting competition to the closing ceremony of Youth Olympic Games, NOC who wants training should make reservations



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at Event Information Center of YOV at least 24hours in advance.

## **14. Medals**

The top three winners in each bodyweight category will receive a Gold medal, Silver medal and Bronze medal respectively.

## **15. Victory Ceremonies**

Victory Ceremonies will be held in accordance with the requirements of the YOG Event Manual of the IOC.

The Victory Ceremonies will be held following the completion of each event final on the Field of Play (FOP). Medalists will be invited onto a podium to receive the medals and the mascots in the sequence of the bronze, silver, and gold medalists. At the Ceremony, the anthem of the NOC of the gold medalist will be played; and meanwhile the flags of the NOC of the medalists will be raised. The Olympic flag and anthem will be used for the mixed NOC team events.



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