



Sport Explanatory Brochure

Triathlon





SPORT EXPLANATORY BROCHURE

Triathlon



Nanjing Youth Olympic Games Organising Committee

We have made every effort to ensure that the information contained in this brochure is accurate and up-to-date at the time of publication. Noting that this brochure involves so many aspects and changes may occur as the Games is drawing near, delegations are advised to refer to Nanjing 2014 official website, and check with Event Information Center located at YOV and sport information desks located at venues for updates and detailed information not included in this brochure.

About the Sport Explanatory Brochures

The Sport Explanatory Brochures you are reading offer an introduction to each sport at the 2nd Summer Youth Olympic Games, Nanjing 2014, as well as providing information on some other key issues that may be of interest and importance to all participating teams.

Each Brochure is divided into several topics:

Sport-specific information on subjects such as the competition format and schedule, training and qualification system.

Key contacts.

All information contained in this Explanatory Brochure was correct at the time of compilation. However, please note that certain details may change between our compilation and the Games. NOCs are advised to check the official website of the 2nd Summer Youth Olympic Games, Nanjing 2014 for updates.

Wish you a pleasant stay in Nanjing!

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1. Key Contacts

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2. Key Dates & Activities

Date	Time	Meeting	Place
Aug 14	9:00–11:00	Familiarisation	Xuanwu Lake
Aug 14	13:00	Team Managers' Meeting	YOY
Aug 14	14:00	Athletes' Briefing	YOY
Aug 15	9:00–11:00	Familiarisation	Xuanwu Lake
Aug 17	9:00–10:30	Final Women	Xuanwu Lake
Aug 18	9:00 – 10:30	Final Men	Xuanwu Lake
Aug 19	9:00–11:00	Familiarisation Team Relay	Xuanwu Lake
Aug 19	14:00	Team Managers' Meeting for Team Relay	YOY
Aug 21	9:00 – 11:00	Final Mixed Relay	Xuanwu Lake

3. Events & Quotas

3.1 EVENTS

Men' s Event(1)	Women' s Event(1)	Mixed Event(1)
Individual sprint distance	Individual sprint distance	Mixed relay continental teams



3.2 QUOTAS

Category	Qualification Places	Host country Places	Universality Places	Total
Men	29	1	2	32
Women	29	1	2	32
Total	58	2	4	64
Total	58	2	4	64

3.3 NOC QUOTA

	Maximum Quota Per NOC
Men	1
Women	1
Total	2

4. Qualification System

4.1 ATHLETE ELIGIBILITY

To be eligible to participate in the Youth Olympic Games, athletes must have been born between 1 January 1997 and 31 December 1998.

Athletes must also be entered by attending the race briefing to one of the following events: 2014 Continental YOG Qualifying Event, 2013 Continental Championships or 2014 Continental Championships (in case it is held before 8 June 2014).

Athletes must be entered in qualifying competitions by their NOCs, which must have respective National Federations in good standing with the ITU.

4.2 QUALIFICATION PATHWAY

For each qualifying event, the qualification places obtained for the Youth Olympic Games will be allocated to NOCs.

Continental Qualification

1. There will be one Continental YOG Qualifying Event held in each of the five continents between 1 January 2014 and 8 June 2014.
2. The competition will consist of an individual sprint triathlon on day 1 and a triathlon mixed relay on day 2.
3. Athletes must be a citizen of a country in the Continental Confederation.
4. The maximum number of athletes competing per NOC will be determined by the ITU.
5. Each Continental YOG Qualifying Event will have a quota of athletes to qualify based on the number and performance of NOCs with National Federations affiliated to the ITU ("Table 1" below).

Table 1	Qualification Places per gender
Africa	3
Americas	8
Asia	5
Europe	11
Oceania	2
TOTAL	29

Qualification System for Team Relay Competitions

1. Athletes are qualified for the YOG Triathlon Mixed Relay competition with their results from the YOG individual competition.
2. Number of teams per continent:

Lowest number per gender from the continent	Number of teams
2 or 3	1
4 or 5	2
6 or 7	3
8 or 9	4
10 or 11	5



Lowest number per gender from the continent	Number of teams
12 or 13	6
etc.	...

3. Team composition: Continental teams of four athletes (2 Men and 2 Women) will be formed according to the athletes' finishing position in the individual event, i.e. the first team will be composed of the first two Men and first two Women from the continent with the best finishing positions, the second team will be composed of the next two Men and two Women, etc.
4. If an athlete is unable to compete in the Mixed Relay event due to injury, the vacant team's place rolls down to the next athlete from the respective continent.
5. All of the remaining athletes who are not assigned to a Continental Team will be combined into "World Teams" according to the athletes' finishing position in the individual event.

4.3 HOST COUNTRY REPRESENTATION

The Host Country will automatically receive one (1) quota place for a Man and one (1) quota place for a woman.

4.4 UNIVERSALITY PLACES

Four (4) Universality Places (two (2) Men and two (2) Women) are made available for eligible NOCs, subject to the technical level allowing it.

5. Qualification Timeline

DATE	MILESTONE
March 2013	Validation of final allocation of Universality Places by YOG Tripartite Commission
11–12 January 2014	Oceania Continental YOG Qualifying Event (Penrith, AUS)

DATE	MILESTONE
23 March 2014	African Continental YOG Qualifying Event (East London – Buffalo City, RSA)
02 May 2014	Pan–American Continental YOG Qualifying Event (Monterrey, MEX)
17–18 May 2014	European Continental YOG Qualifying Event (Weert, NED)
01–02 June 2014	Asian Continental YOG Qualifying Event (Burbank, KAZ)
2 July 2014	ITU to confirm final allocation of qualification places to NOCs
8 July 2014	Entries deadline by name for all sports
16–28 August 2014	2 Summer Youth Olympic Games – Nanjing 2014

6. Competition Format

There are three Events at the Youth Olympic Games Triathlon program: Men, Women and 4x Mixed Team Relay.

The competition format for individual competitions includes a 750m swim in open water, a 20km cycle ride (four lap course), and a 5km run (two lap course) and for 4 x Mixed Team Relay competition 250m swim in open water, a 6.6km cycle ride (one lap course), and a 1.8km run (one lap course).

Pontoon positions will be assigned randomly for both individual and team events before the respective briefings. The events are continuous with no breaks in competition. The first athlete/team to complete the course is declared the winner.

6.1 EXPECTED DURATION OF COMPETITIONS

Individual events: swim – app. 12 minutes, cycle – app. 35 minutes, run – app. 20 minutes. Total time of the events with two transitions is app. 1 hour 10 minutes.

Team event for each team member: swim – app. 4 minutes, cycle – app. 12 minutes, run – app. 7 minutes. Total time of the event with two transitions and four athletes is app. 75 minutes.

The maximum number of athletes competing in the Youth Olympic



Triathlon individual competition is 64 with 32 men and 32 women and 16 teams in team competition.

Teams are constituted by Continent (Africa, Americas, Asia, Europe and Oceania). It can be several teams by continent, i.e. Europe 1, Europe 2. Each team is composed of two Girls and 2 Boys. Start order inside of team is: W1, M1, W2 and M2. Each athlete competes the three segments (Swim, Cycle, Run) before the relay is passed on to the next team member.

7. Competition Rules & Procedures

7.1 PENALTIES

The most common reasons for penalization are: during the Swim segment – shortcutting the course and violence; during the transition segment – placing used equipment outside the athletes' box, mount before the mount line, dismount after the dismount line etc.

7.2 PROTESTS / APPEALS

Protest and appeals should be filled according to the ITU Competition Rules.

7.3 Start numbers allocation

Start numbers for the individual events will be allocated randomly and provided to OC Competition Management by the ITU no later than twenty-five (25) days before the first competition. Should an athlete be replaced, the same start number will be used by the replacement. Note that number 13 is not used in Triathlon.

7.4 Individual race – Team Managers' meeting

A Team Managers' meeting will take place three (3) days before the first competition during which participant's data will be checked and confirmed by coaches.

The main agenda for the team leaders' and coaches' meeting is as follows:

- Presentation of the athletes' briefing.
- Explanation of policies for access to venue
- Explanation of team officials' observation areas and flow.
- Distribution of accreditation supplementary devices (passes).

7.5 Individual event athletes' briefing

The location of the athletes' briefing will be determined.

The main agenda for the athletes' briefing, is as follows:

- Welcome and introductions
- Competition jury
- Schedules and timetables
- Check-in and procedures
- The course
- Post-race procedures
- Weather forecasts

The draws for the pontoon positions for the men's, women's and mixed relay events will be conducted by ITU officials before the respective athletes' briefing. Pontoon positions selection will be assigned randomly for both individual and team events.

7.6 4x Mixed Relay – Team Managers' meeting

The Team Managers' meeting for the 4x Mixed Relay competition will be organised the day after the men's individual event. The exact location of the briefing will be confirmed at a later stage.

The following activities should take place during this meeting, in this order:

- Team Managers to confirm their athlete's participation when signing-in
- ITU and Competition Management to present the relay competition



conditions

- During this time, the ITU will prepare the teams composition (athlete names, based on the individual events results)
- After other topics at the agenda have been covered, the team compositions will be presented to the Team Managers
- Within five (5) minutes after the composition of the teams has been presented, Team Managers should announce a unique representative per team. This representative will inform ITU and OC Competition Management of the athlete's starting order before leaving the briefing room.

8. Equipment & Clothing

Equipment used or clothing worn by athletes and other participants at the Youth Olympic Games Triathlon competition must comply with the ITU Uniform Rules and with the Bye–Law to Rule 50 of the Olympic Charter.

All competition bicycles used in the Nanjing 2014 Youth Olympic Games will be stored at the competition venue. This will facilitate the use of these bicycles by their athlete owner during competition and also for training, since the training areas are at the competition venues proper. Storage of the competition bicycles at the competition venue will reduce the need to transport them around.

9. Doping Control

The Nanjing 2014 Anti–doping team will plan and implement the YOG Doping Control Programme in accordance with the World Anti–Doping Code, IOC Anti–Doping Rules and other related international standards.

The Doping Control Programme will specify the anti–doping activities to be conducted during the Games–time, including notification

procedures, sample collection, storage and transport to the laboratory of China Anti-Doping Agency accredited by WADA.

The Programme is aimed at maintaining the dignity of the Olympic Movement and protecting athletes' fundamental right to participate in clean sports, so as to promote the health, justice and equality of athletes in sports events.

The test biological specimens, including urine and blood samples, will be collected from selected athletes from the date of YOV official opening to the date of the Closing Ceremony of Nanjing 2014 (12 August to 28 August 2014). All samples will be sent to the laboratory of China Anti-Doping Agency for analysis.

10. Competition Venue

Name	Distance to YOV	Driving Time	Seats Capacity
Xuanwu Lake (XWT)	15km	30min	---

11. Event Schedule by Day

Date	Event	Time
17 Aug 2014	Final Women	09:00–10:30
18 Aug 2014	Final Men	09:00–10:30
21 Aug 2014	Final Mixed Relay	09:00–11:00

*The event schedule is subject to change in accordance with the final entries.

12. Training Information

12.1 TRAINING VENUE

Name	Distance to YOV	Driving Time	Seats Capacity
Nanjing institute of sport (NSI)	31km	40min	---



12.2 TRAINING POLICIES

Training facilities will be provided for all athletes from the opening of the Youth Olympic Village (YOV) (12 August 2014) to the end of triathlon competition of Nanjing 2014 (21 August 2014).

All training before the games time will be assigned under the supervision of the practice court supervisor. All training during the games-time will be assigned under the supervision of the ITU Referee.

The booking service for practice courts is located at Event Information Center (EIC) of YOY and SID of the venue.

13. Medals

The top three winners in the finals will each receive a Gold medal, Silver medal and Bronze medal respectively.

14. Victory Ceremonies

Victory Ceremonies will be held in accordance with the requirements of the YOG Event Manual of the IOC.

The Victory Ceremonies will be held following the completion of each event final on the Field of Play (FOP). Medallists will be invited onto a podium to receive the medals and the mascots in the sequence of the bronze, silver, and gold medallists. At the Ceremony, the anthem of the NOC of the gold medallist will be played; and meanwhile the flags of the NOC of the medallists will be raised. The Olympic flag and anthem will be used for the mixed NOC team events.



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