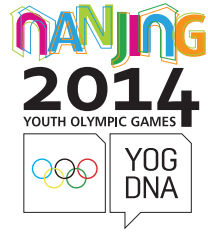


Sport Explanatory Brochure

# Gymnastics-Artistic





SPORT EXPLANATORY BROCHURE

# Gymnastics - Artistic



Nanjing Youth Olympic Games Organising Committee

We have made every effort to ensure that the information contained in this brochure is accurate and up-to-date at the time of publication. Noting that this brochure involves so many aspects and changes may occur as the Games is drawing near, delegations are advised to refer to Nanjing 2014 official website, and check with Event Information Center located at YOV and sport information desks located at venues for updates and detailed information not included in this brochure.

## **About the Sport Explanatory Brochures**

The Sport Explanatory Brochures you are reading offer an introduction to each sport at the 2nd Summer Youth Olympic Games, Nanjing 2014, as well as providing information on some other key issues that may be of interest and importance to all participating teams.

Each Brochure is divided into several topics:

Sport-specific information on subjects such as the competition format and schedule, training and qualification system.

Key contacts.

All information contained in this Explanatory Brochure was correct at the time of compilation. However, please note that certain details may change between our compilation and the Games. NOCs are advised to check the official website of the 2nd Summer Youth Olympic Games, Nanjing 2014 for updates.

Wish you a pleasant stay in Nanjing!

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# 1. Key Contacts

## 1.1 INTERNATIONAL GYMNASTICS FEDERATION (FIG)

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Secretary General: Mr Andre GUEISBUHLER (Switzerland)

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## 1.3 YOG IF CONTACT PERSONS

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## 1.4 EVENT DELEGATES

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Nellie Kim (Women Artistic Gymnastics)

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## 1.5 COMPETITION MANAGEMENT

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Email: 17432433@qq.com

Assistant Competition Manager: He Jun  
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Email: hejun@nanjing2014.org

## 2. Key Dates & Activities

Activities	Date	Venue	Time
Official Draw	TBC	TBC	TBC
Team Leaders Meeting – Orientation Meeting	For Artistic Gymnastics 13 August 2014	Nanjing Olympic Sports Center	19h00–20h00
	For Trampoline Gymnastics 20 August 2014	Nanjing Olympic Sports Center	19h00–20h00



## 3. Events & Quotas

### 3.1 EVENTS

Men's Events ( 7 )	Women's Events (5)
1) Individual all-around 2) Floor Exercise 3) Pommel Horse 4) Rings 5) Vault 6) Parallel Bars 7) Horizontal Bar	1) Individual all-around 2) Vault 3) Uneven Bars 4) Balance Beam 5) Floor Exercise
Trampoline (1) 1) Individual Competition	Trampoline (1) 1) Individual Competition

### 3.2 QUOTAS

#### 3.2.1 GYMNASTICS – ARTISTIC

Category	Qualification Places	Host Country Places	NOC Universality Places	Total
Men	38	1	3	42
Women	38	1	3	42
TOTAL	76	2	6	84

#### 3.2.2 TRAMPOLINE

Category	Qualification Places	Host Country Place	NOC Universality Places	Total
Men	10 or 11 *	1	1	12
Women	10 or 11 *		1	12
TOTAL	21	1	2	24

\*11 qualification places will be granted to the gender where a host country place is not allocated.

### 3.3 NOC QUOTAS

#### 3.3.1 GYMNASTICS – ARTISTIC

Maximum of one (1) male and one (1) female athlete per NOC.



### 3.3.2 TRAMPOLINE

Maximum of one (1) male and one (1) female athlete per NOC.

## 4. Qualification System

### 4.1 ATHLETE ELIGIBILITY

#### 4.1.1 Age Eligibility

##### a. Gymnastics – Artistic

Men: 16 – 17 years (born between 1 January 1997 and 31 December 1998)

Women: 15 years (born between 1 January 1999 and 31 December 1999)

##### b. Trampoline

16 – 17 years (born between 1 January 1997 and 31 December 1998)

4.1.2 All athletes must comply with the provisions of the Olympic Charter currently in force and only those athletes who have complied with the Olympic Charter may participate in the Youth Olympic Games.

All NOCs, as well as candidates for NOC Universality Places and the host country, must have participated in their Junior Continental Championship (or any other continental qualifying event approved by the FIG). The gymnasts must have reached the minimum standards as defined in FIG 2014 YOG Rules and hold a valid FIG License until the end of the YOG 2014 Artistic/Trampoline Gymnastics competitions.

4.1.3 All NOCs, as well as candidates for Universality Places and the Host Country, must have participated in the FIG approved continental qualifying competition and reached the minimum standards as defined below at the relevant qualifying competition phase(s):

a. MAG and WAG (CI Qualifications): the gymnasts must participate at all apparatus and reach an average minimum Execution Score of 7.5,

thus a total Execution Score of minimum 45 points for MAG and 30 points for WAG.

b. TRA Men: First Routine min = 33.50 points adding execution (E) and time of flight (T) and Second or Final Routine min = 40.00 points adding execution (E), difficulty (D) and time of flight (T).

TRA Women: First Routine min = 32.50 points adding execution (E) and time of flight (T) and Second or Final Routine min = 39.00 points adding execution (E), difficulty (D) and time of flight (T).

4.1.4 Athletes who have participated in FIG senior competitions or multisport games (including continental championships and world cup events) may not participate in the Youth Olympic Games.

## 4.2 UNIVERSALITY PLACES

Candidates for Universality Places will have to participate in the relevant qualifying event. The gymnasts must reach the minimum standards defined by FIG and hold a valid FIG License until the end of the YOG 2014 Artistic/Trampoline Gymnastics competitions. The process to allocate the Universality Places either by name or at NOCs' discretion will be defined by IOC at a later stage.

## 4.3 QUALIFICATION PATHWAY

### 4.3.1 GYMNASTICS – ARTISTIC

For each qualifying event, the qualification places obtained for the Youth Olympic Games will be allocated at the NOCs' discretion.

In the event of ties, the Olympic Games tie-breaking rules, as set in the FIG Technical Regulations, will apply.

The Junior Continental Championships or any other continental qualifying event approved by the FIG (strictly following the FIG Rules for Juniors) in the year of the YOG are used to qualify.

The exact dates and locations of the qualifying competitions will be decided by the FIG and communicated to the NOCs as soon as



finalized.

The best ranked athletes at each qualification event will grant a quota place to their NOC, according to the following quotas and based on one (1) gymnast per NOC and per gender. These quotas include the Universality Places and the host country places:

Category	Europe	Asia	Africa	America	Oceania	Total
MAG	19	10	4	8	1	42
WAG	19	9	4	9	1	42

#### 4.3.2 TRAMPOLINE

For each qualifying event, the qualification places obtained for the Youth Olympic Games will be allocated at the NOCs' discretion.

In the event of ties, the Olympic Games tie-breaking rules, as set in the FIG Technical Regulations, will apply.

The Junior Continental Championships or any other continental qualifying event approved by the FIG (strictly following the FIG Rules for Juniors) in the year of the YOG are used to qualify.

The exact dates and locations of the qualifying competitions will be decided by the FIG and communicated to the NOCs as soon as finalized.

The best ranked athletes at each qualification event will grant a quota place to their NOC, according to the following quotas and based on one (1) gymnast per NOC and per gender. These quotas include the Universality Places and the host country places:

Category	Europe	Asia	Africa	America	Oceania	Total
GT Men	4	3*	2	2	1	12*
GT Women	4	3*	2	2	1	12*

\* including one (1) place for the host country (either in GT men OR in GT women)

## 4.4 HOST COUNTRY REPRESENTATION

### 4.4.1 GYMNASTICS – ARTISTIC

The host country will be represented with one (1) eligible male and one (1) eligible female gymnast (as mentioned above), provided that the host country has participated in the relevant men's and women's qualifying event.

The host country places will be allocated to the best ranked gymnast of the respective Junior Continental qualification event by name.

### 4.4.2 TRAMPOLINE

The host country will be represented with one (1) eligible male or one (1) eligible female gymnast (as mentioned above), provided that the host country has participated in the relevant men or women's qualifying event.

The host country place will be allocated to the best ranked eligible male or female gymnast of the respective Junior Continental qualification event by name.

## 5. Qualification Timeline

DATE	MILESTONE
March 2013	Validation of final allocation of Universality Places by the YOG Tripartite Commission
1 April 2013 – 8 June 2014	YOG 2014 qualification period
25 March – 4 April 2014	12th African Artistic Gymnastics Championships, Pretoria(RSA)
26–30 March 2014	PAGU Men's & Women's Youth Artistic Gymnastics Championships, Aracaju(BRA)
10–13 April 2014	13th Junior Artistic Gymnastics Asian Championships, Tashkent(UZB)
12–18 May 2014	Women's Artistic Gymnastics European Championships, Sofia(BUL)



DATE	MILESTONE
19–25 May 2014	Men's Artistic Gymnastics European Championships, Sofia(BUL)
21–25 May 2014	Australian Artistic Gymnastic Championships, Melbourne(AUS)
7–13 April 2014	European Championships in Trampoline, Guimaraes(POR)
19–25 April 2014	African Championships in Trampoline, Cairo(EGY)
7–12 May 2014	PAGU Youth Trampoline Championships, Daytona Beach(USA)
21–23 May 2014	3rd Junior Trampoline Gymnastics Asian Championships, Bangkok(THA)
28–30 May 2014	Australian Gymnastics Championships in Trampoline, Melbourne(AUS)
16 June 2014	Deadline for the qualified NOCs' confirming using the quota places obtained.
8 July 2014	Entries deadline by name for all sports
16 – 28 August 2014	2nd Summer Youth Olympic Games – Nanjing 2014

## 6. Competition Format

### 6.1 GYMNASTICS – ARTISTIC

The men compete in seven Medal events: Individual All–Around, Floor Exercise, Pommel Horse, Rings, Vault, Parallel Bars and Horizontal Bar.

The women compete in five Medal events: Individual All–Around, Vault, Uneven Bars, Balance Beam and Floor Exercise.

The men and women compete in three competition phases:

- Qualifications (C–I);
- Individual All–Around finals (C–II); and
- Individual apparatus finals (C–III).

### **6.1.1 Qualifications**

All gymnasts (42 men and 42 women) compete as individuals and the results of this competition are used to qualify them for the Individual All-Around finals and the apparatus finals. The gymnasts compete on all six apparatus for men and on all four apparatus for women. The total score on all apparatus qualifies to the Individual All-Around finals. The score on each apparatus qualifies to the individual apparatus finals. No scores are carried over from the qualifications to the finals. In the case of ties, FIG Tie-Breaking Rules for the Olympic Games will be applied.

### **6.1.2 All-Around Finals**

The best 18 male and female gymnasts from the qualifications proceed to the Individual All-Around Finals. Reserve gymnasts will be designated as per the C-I Results. The gymnasts compete on all six apparatus for men and on all four apparatus for women. The gymnasts are ranked based on the total score on all apparatus. The Individual All-Around title is considered to be the premium achievement in gymnastics. In the case of ties, FIG Tie-Breaking Rules for the Olympic Games will be applied.

### **6.1.3 Apparatus Finals**

The top eight male and female gymnasts who placed highest on each apparatus in the qualifications (provided the respective gymnast has participated at all 6 apparatus for men and 4 for women in Competition I) compete for the apparatus titles.

Reserve gymnasts will be designated as per the C-I Results and if called upon will work in accordance with the order of the gymnast replaced. FIG Tie-Breaking Rules for the Olympic Games will be applied in case of ties.



#### **6.1.4 Differences between the Youth Olympic Games & the Olympic Games**

The age of the gymnasts is for men: 16–17 years (born between 1 January 1997 and 31 December 1998); for women: 15 years (born between 1 January 1999 and 31 December 1999).

Athletes who have participated at FIG senior competitions or multi-sport games (including continental championships and world cup events) may not participate in the Youth Olympic Games.

NOC quota for the Youth Olympic Games competition: Maximum of one male and one female athlete per NOC.

The Youth Olympic Games have fewer competitors and officials than the Olympic Games and no team event is organized.

The competition rules and difficulty level of the routines to be performed by the male and female gymnasts at the Youth Olympic Games have been modified in order to safeguard the health and proper development of the athletes.

#### **6.1.5 Differences between the FIG Junior World Championships & the Youth Olympic Games**

There are no Junior World Championships on the FIG competition programme. Junior competitions are part of the Continental Unions' programmes.

### **6.2 TRAMPOLINE**

The Trampoline Gymnastics at the Youth Olympic Games comprises two individual medal events: Men and Women. The competition format is the same for both events, including two competition phases: Qualification and Final Rounds.

#### **6.2.1 Qualifications**

A total of 12 individual men and 12 individual women will compete. Each qualification round consists of two routines of 10 skills. In case of



ties, the FIG Tie–Breaking Rules for the Olympic Games will be applied.

### **6.2.2 Finals**

The top eight male and female athletes who placed highest at the Qualifications qualify to the Finals. Each final round consists of one routine of 10 skills. In case of ties, the FIG Tie–Breaking Rules for the Olympic Games will be applied. Reserve gymnasts will be designated as per the C–I Results.

### **6.2.3 Differences between the Youth Olympic Games & the Olympic Games**

To participate in the Nanjing Youth Olympic Games all gymnasts must be between 16–17 years old (born between 1 January 1997 and 31 December 1998).

Gymnasts who have participated at FIG senior competitions or multi-sport Games (Including continental championships and world cup events) may not participate in the Youth Olympic Games.

The Youth Olympic Games have fewer competitors than the Olympic Games. The Youth Olympic Games have a maximum quota of one male and one female athlete per NOC.

The competition rules and difficulty level of the routines to be performed by the male and female gymnasts at the Youth Olympic Games have been modified in order to safeguard the health and proper development of the athletes.

### **6.2.4 Differences between the FIG Junior World Championships & the Youth Olympic Games**

While no Junior World Championships are part of the FIG competition programme, World Age Group Competitions are organised. Junior competitions are part of the Continental Unions' programmes.



## 7. Competition Rules & Procedures

### 7.1 GYMNASTICS – ARTISTIC

#### 7.1.1 Judging

Artistic gymnastics is a judgment sport with a panel of eight judges for CI and CII and nine judges for CIII (TBC) presiding over each apparatus. The eight judges for CI and CII and the nine judges for CIII (TBC) are broken down into panels. The “D” panel (2 judges) calculates the D Score, which is the score a gymnast receives based on the content of the routine. The “E” panel (four judges in CI and CII and five judges in CIII – TBC) determines deductions from the maximum possible score (“10.00”) based on the execution of the routine.

The other two members of the judging panel are Reference judges, part of the Reference Judges’ System which has been introduced to establish an automatic correction system in case of any problems with the ‘E’ scores.

#### 7.1.2 Calculation of Scores (TBC)

The highest and lowest of the four E (Execution) judges scores in CI and CII are dropped and the average of the two remaining scores is used to calculate the Execution score.

$D + E (- \text{Neutral Deductions}) = F$

Example:

D score: 6.00;

E score: 9.25 (9.10, 9.20, 9.60, 9.30)

Final Score:  $6.00 + 9.25 = 15.25$  pts

The highest and lowest of the five E (Execution) judges scores in CIII are dropped and the average of the three remaining scores is used to calculate the Execution score.

$D + E (- \text{Neutral Deductions}) = F$

Example:

D score: 6.00;

E score: 9.20 (9.00, 9.10, 9.20, 9.60, 9.30)

Final Score:  $6.00 + 9.20 = 15.20$  pts

If the gap between the (avg.) 'E' score and the (avg.) 'RE' score (calculated by averaging the scores of the two Reference judges) exceeds the predefined permitted tolerances, the (avg.) E score will be replaced by the averaging of the (avg.) 'RE' score and the (avg.) 'E' score. Otherwise, the (avg.) 'E' score will remain unchanged. However, if the gap between the scores of the two Reference judges exceeds the predefined permitted tolerances, the 'RE' score will not be taken into account, and the (avg.) 'E' score will remain unchanged.

### 7.1.3 Neutral Deductions

Neutral deductions can include, for example: stepping outside the boundary of the Floor Exercise and Vault; exceeding a time limit for a routine. These types of penalties are deducted from the gymnast's Final score for the apparatus.

### 7.1.4 Disqualifications

There are two types of disqualification: Disqualification as a result of a breach of the FIG technical rules and regulations (decisions are made by the competition jury). Disqualification as a result of infringing recognised sport ethics and rules (e.g. positive doping control) (decisions are made by the IOC and FIG authorities). A gymnast can be expelled from the competition.

## 7.2 TRAMPOLINE

### 7.2.1 Judging

Trampoline Gymnastics is a judged sport with a panel of nine judges (two for difficulty, five for execution, 1 time of flight led by one Chair of Judge's panel).



The Difficulty Jury calculates and agrees on the final difficulty score. This score is not “open” but limited to 1.8 (per skill) for the Youth Olympic Games. The Execution Jury evaluates the quality of the actual execution with scores from 0.00 to 10.00 pts.

The time of flight score is done electronically and is evaluated in 1/1000 of seconds rounded down to 5/1000. The total time of flight is considered as the score for the Time of Flight.

### **7.2.2 Calculation of Scores**

Execution score (E):

The median deduction of the 5 execution judges is taken as the deduction per element, then the sum of the median deductions [including median of additional deductions] is subtracted from the maximum mark and tripled to give the gymnast's execution score for a routine.

### **7.2.3 Penalties / Disqualification Rules**

Penalties of a scoring nature are incurred for obvious errors such as exceeding the warm-up time or missing the national emblem on the competition attire.

Grounds for disqualification are not abiding by the regulations, or un-sportsman like behaviour. In such instances, the competitor would first be given a warning, and then would be disqualified if the misconduct were repeated.

## **7.3 INQUIRIES / APPEALS**

Inquiries for the difficulty scores are allowed, provided that they are made verbally to the Inquiry Officer immediately after the publication of the score or at the very latest before the score of the following gymnast is shown. For the last gymnast of a rotation (for GA) or group (for GT) , this limit is one minute after the score is shown on the score board.

The person designated to receive the verbal inquiry (Inquiry Officer) has to note the time of receiving it and this starts the procedure. Only the accredited coaches in the competition area are entitled to submit an inquiry. An area close to the podium where the coach of the competing gymnast can observe the exercise will be designated. Late verbal inquiries will be rejected.

A NOC is not allowed to complain against a gymnast from another NOC. Inquiries for all other scores (i.e. Execution for GA and GT and Time of Flight for GT) are not allowed.

The inquiry must be confirmed as soon as possible in writing (by using the Inquiry Form), but within 4 minutes at the latest after the verbal inquiry and requires an agreement of payment of USD 300.-- for the first complaint; USD 500.-- for the second complaint and USD 1'000.-- for the third complaint (NOC are not requested to pay cash). Should the inquiry not be confirmed in writing within 4 minutes, the procedure becomes obsolete.

Should the inquiry prove correct and is accepted, this sum will not be invoiced by FIG to the NOC. Otherwise, the sum will be transferred to the FIG Foundation. Every inquiry must be examined by the Superior Jury and a final decision (which may not be appealed) must be taken at the very latest for GA:

at the end of the rotation for the qualifying competitions and the All-Around competitions.

before the score of the following gymnast is shown for the Apparatus Finals.

And at the very latest for GT:

at the end of the group for the qualifying competitions.

before the score of the following gymnast is shown for the Finals.

Please note that coaches should not approach the technical table directly.

During this examination, the inquiry will be announced to the audience and a marker will be placed against the gymnast's name on the



scoreboard. If the inquiry is upheld, the NOC will be notified by return of the form, and the new score will be announced to the audience and corrected on the scoreboard. If the inquiry is unsuccessful, the announcer will inform the arena and the score will remain the same on the scoreboard.

A global video analysis will be carried out by the respective Technical Committee (or its representatives designated by the TCs).

## **8. Equipment & Clothing**

Equipment used or clothing worn by athletes and other participants at the Youth Olympic Games Gymnastics competition must comply with the FIG Constitution and Technical Rules and with the Bye–Law to Rule 50 of the Olympic Charter.

## **9. Doping Control**

The Nanjing 2014 Anti–doping team will plan and implement the YOG Doping Control Programme in accordance with the World Anti–Doping Code, IOC Anti–Doping Rules and other related international standards.

The Doping Control Programme will specify the anti–doping activities to be conducted during the Games–time, including notification procedures, sample collection, storage and transport to the laboratory of China Anti–Doping Agency accredited by WADA.

The Programme is aimed at maintaining the dignity of the Olympic Movement and protecting athletes' fundamental right to participate in clean sports, so as to promote the health, justice and equality of athletes in sports events.

The test biological specimens, including urine and blood samples, will be collected from selected athletes from the date of YOV official opening to the date of the Closing Ceremony of Nanjing 2014 (12

August to 28 August 2014). All samples will be sent to the laboratory of China Anti-Doping Agency for analysis.

## 10. Competition Venue

Name	Distance to YOV	Driving Time	Seats Capacity
Nanjing Olympic Sports Center Gymnasium(OSG)	3km	8min	13500

## 11. Event Schedule by Day

### 11.1 GYMNASTICS – ARTISTIC

Day 1	August 17 (Sunday)		
	Session GA01	Start: 13:30	End: 16:00
		MAG Qualifications (Competition I)	
	Session GA02	Start: 19:00	End: 21:30
		MAG Qualifications (Competition I)	
Day 2	August 18 (Monday)		
	Session GA03	Start: 11:00	End: 13:00
		WAG Qualifications (Competition I)	
	Session GA04	Start: 14:30	End: 16:30
		WAG Qualifications (Competition I)	
	Session GA05	Start: 19:00	End: 21:00
		WAG Qualifications (Competition I)	
Day 3	August 19 (Tuesday)		
	Session GA06	Start: 19:00	End: 21:15
		MAG All–Around Finals (Competition II)	
		Start: 21:15	End: 21:25
		Victory Ceremony MAG All–Around Finals	



Day 4	August 20 (Wednesday)		
	Session GA07	Start: 19:00	End: 21:30
		WAG All–Around Finals (Competition II)	
		Start: 21:30	End: 21:40
		Victory Ceremony WAG All–Around Finals	
Day 5	August 21(Thursday)		
	Session GT01	Start: 13:30	End: 14:05
		GT (W) Qualifications (Competition I – first round)	
		Start: 14:05	End: 14:40
		GT (W) Qualifications (Competition I – second round)	
		Start: 14:40	End: 15:10
		GT (W) Finals (Competition III – one round)	
		Start: 15:10	End: 15:20
		Victory Ceremony GT (W) Finals	
Day 6	August 22 (Friday)		
	Session GT02	Start: 13:30	End: 14:05
		GT (M) Qualifications (Competition I – first round)	
		Start: 14:05	End: 14:40
		GT (M) Qualifications (Competition I – second round)	
		Start: 14:40	End: 15:10
		GT (M) Finals (Competition III – one round)	
		Start: 15:10	End: 15:20
		Victory Ceremony GT (M) Finals	
Day 7	August 23 (Saturday)		
	Session GA08	Start: 19:00	End: 19:25
		Apparatus Final – MAG Floor Exercise (Competition III – Day 1 )	
		Start: 19:25	End: 19:55
		Apparatus Final – WAG Vault (Competition III – Day 1)	
		Start: 19:55	End: 20:15



Day 7	August 23 (Saturday)		
		Victory Ceremonies MAG FX and WAG VT	
		Start: 20:15	End: 20:40
		Apparatus Final – MAG Pommel Horse (Competition III – Day 1)	
		Start: 20:40	End: 21:05
		Apparatus Final – WAG Uneven Bars (Competition III – Day 1)	
		Start: 21:05	End: 21:30
		Apparatus Final – MAG Rings (Competition III – Day 1)	
		Start: 21:30	End: 22:00
		Victory Ceremonies MAG PH, WAG UB, and MAG SR	
Day 8	August 24 (Sunday)		
	Session GA9	Start: 19:00	End: 19:25
		Apparatus Final – MAG Vault (Competition III – Day 2)	
		Start: 19:25	End: 19:55
		Apparatus Final – WAG Balance Beam (Competition III – Day 2)	
		Start: 19:55	End: 20:15
		Victory Ceremonies MAG VT and WAG BB	
		Start: 20:15	End: 20:40
		Apparatus Final – MAG Parallel Bars (Competition III – Day 2)	
		Start: 20:40	End: 21:10
		Apparatus Final – WAG Floor Exercise (Competition III – Day 2)	
		Start: 21:10	End: 21:35
		Apparatus Final – MAG Horizontal Bar (Competition III – Day 2)	
		Start: 21:35	End: 22:05
		Victory Ceremonies MAG PB, WAG FX, and MAG HB	

\*The event schedule is subject to change in accordance with the final entries.



## **12. Games–Time Training**

### **12.1 TRAINING VENUES**

Nanjing Olympic Sports Center Gymnasium(OSG) & Nanjing Sports Institute Comprehensive Gymnastics Hall (NSC):  
Gymnastics – Artistic (MAG&WAG)

Nanjing Olympic Sports Center Gymnasium(OSG) & Nanjing Sports Institute Comprehensive Gymnastics Hall (NSC):  
Gymnastics – Trampoline

### **12.2 TRAINING POLICIES**

Training facilities will be provided for all athletes from the opening of the Youth Olympic Village (YOY) (August 12, 2014) to the end of Nanjing 2014 ( August 28, 2014).

Games–Time Training consists of three phases – Pre–Competition, During Competition and Post–Competition.

#### **12.2.1 Pre–Competition Training and Training during Competition**

Training sessions fall into two main categories – Open Training and Allocated Training. The type of training for each sport is determined in consultation with the IF of the respective sport.

##### **a. Open Training**

Training Sessions for Open Training are not NOC–specific – they are open to all participants to conduct their training. The NOCs will neither be allocated nor required to book the training sessions. The training schedule for sports with Open Training will be provided to the NOCs in once all details are finalised.

##### **b. Allocated Training**

Majority of the training sessions fall into this category and will be scheduled by the Competition Management of NYOGOC. The schedule of the training sessions will be distributed to the participating NOCs upon the finalisation of entries.

The SID will be operational upon the opening of the YOY on 12 August 2014, which will provide pertinent information relating to sport

training schedules.

### **12.2.2 Post–Competition Training**

All Nanjing 2014 athletes are required to stay throughout the Games. Training facilities will also be provided for athletes who have completed their competition where possible.

Post–Competition Training sessions will be scheduled by the Competition Management of NYOGOC. The schedule of the training sessions will be distributed to the participating NOCs upon the finalisation of entries.

## **13. Medals**

The top three winners in the finals will each receive a Gold medal, Silver medal and Bronze medal respectively.

## **14. Victory Ceremonies**

Victory Ceremonies will be held in accordance with the requirements of the YOG Event Manual of the IOC.

The Victory Ceremonies will be held following the completion of each event final on the Field of Play (FOP). Medallists will be invited onto a podium to receive the medals and the mascots in the sequence of the bronze, silver, and gold medallists. At the Ceremony, the anthem of the NOC of the gold medallist will be played; and meanwhile the flags of the NOC of the medallists will be raised. The Olympic flag and anthem will be used for the mixed NOC team events.



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